

# DONATE



**Support our work:**

ViaDia Länsi-Uusimaa ry  
Vihti food aid:

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***Warm thanks for your  
support!***

License to collect money RA/2022/399



*Let's do good together*

## Contact information

**VIHDIN APAJA**

**Keskikuja 4**

**03100 Nummela**

**vihdinapaja@gmail.com**

**Entrance through the ViaDia market!**

*Equality and respect  
for people are the basis of  
our activities.*



# VIHDIN APAJA

**- Food aid in Vihti -**

**For anyone who needs help.**

## WHO WE ARE

Vihdin Apaja is a network of food aid operators in Vihti, started by five food aid operators joining their forces. These include the Vihti Evangelical Lutheran parish / Welfare Work, the Nummela Adventist congregation, the ADRA Finland foundation, the Nummela Kotikirkko congregation and ViaDia Länsi-Uusimaa ry.

By combining the available resources, spaces, employees, volunteers and logistics, we are able to make the food aid work in our area more effective and improve its reliability.

**Together we are more.**



## WHAT WE DO

We support the local welfare.

We distribute surplus food and food waste from stores and arrange free shared meals. Each week, we reach hundreds of pensioners, families with children, students and unemployed people living in Vihti.

On each food distribution day, we reach an average of 170 households. Food is distributed three times a week, on Mondays, Wednesdays and Fridays. If you are in need of food aid, you may pick up a schedule of the distribution runs at the ViaDia market.

We pick up food waste for distribution from nine stores and two restaurants in the area.

## FOOD AID IS MUCH MORE!

On location, we offer free low-threshold services such as digital guidance, conversational help, service coordination and prayer.

We aim to develop our activities and services according to the needs and wishes of our customers.

## OUR GOALS

To offer help, equally and free of charge, to anyone in need of help, regardless of their person.

To provide a chance to be included.  
We activate and employ people.  
We offer our volunteers meaningful shared work, training and refreshment.

We take part in combatting climate change by reducing the amount of food waste going to landfills.

That is how we do our part in reducing carbon dioxide and methane emissions.

**If you would like to support our work, join the network, become a food donor or join our group of volunteers, don't hesitate to contact us at [vihdinapaja@gmail.com](mailto:vihdinapaja@gmail.com).**